

## Identifying and Managing the Cause of Chronic Illness...



*From a single urine specimen, the Organix<sup>SM</sup> Profiles provide important information for treating the following conditions and more:*

- Anxiety
- Attention and memory disorders
- Autoimmune disorders
- Bloating and gas
- Blood sugar dysregulation
- Constipation
- Depression
- Dermatitis
- Ear, nose, and throat symptoms
- Fatigue
- Headaches
- Hypertension
- Liver Disease
- Mood changes
- Multiple chemical sensitivity
- Muscle and joint pain
- Nausea
- Reflux
- Sleep abnormalities
- Weight gain

### ***What is Organic Acid testing?***

Organic acid testing is a way to measure whether your body is getting and using nutrients to drive optimal health. Nutrients are protecting agents. Just as your car has additives and devices that protect it, nutrients serve to protect your heart, brain, and other critical organs. Like a car's gauges warn of potential problems, your body has certain chemical indicators, known as organic acids, that can alert you to potential problems. Also measured are markers that assess intestinal health, neurotransmitter activity, and detoxification demands. Early warnings can help you make diet and lifestyle changes that may both extend and enhance your quality of life.

Many chronic health problems can be difficult to diagnose, especially when they involve nonspecific symptoms such as fatigue, foggy thinking, gastrointestinal upset, joint aches, sleep cycle disturbances, and more. Standard medical testing is designed to identify disease states. Organic acid testing does not diagnose disease; it helps to give insight into the causes of disease.

### ***Why should you use the Metamatrix Organix<sup>SM</sup> Profile?***

The Organix Profiles measure many vitamin compounds that provide evidence of your need for virtually all B-vitamins. Also included are organic acids produced by intestinal bacteria and yeasts, as well as products of detoxification. The Organix profiles will also help assess specific metabolic dysfunctions that are used to customize a nutritional program to help you manage those areas in need of support. This allows an approach that treats the cause of disease, not just the symptoms. The goal is to identify dysfunctions related to nutritional deficiencies and correct them before disease is allowed to develop.

### ***The Organix<sup>SM</sup> Profiles:***

- Organix Comprehensive
- Organix Basic
- Organix Dysbiosis

## PATIENT INFORMATION SHEET

